

1. General Introductioin about the Department

The *Community Medicine* is that branch of medicine, which deals with the study of provision of preventive, promotive, curative, rehabilitative and evaluative services to the community at large, through an organized comprehensive health care delivery system.

Core activities of Department of Community Medicine:-

1. Promoting healthy behavior among Communities through information, education and Communication.
2. Assessing the Community needs, making community diagnosis and monitoring the health status of the community being served.
3. Developing sound health policy and health planning.
4. Managing the health programs and other medical and health care systems.
5. Ensuring community participation in health programs and mobilizing community action.
6. Undertaking research to develop new insights and innovative solutions to relevant community health problems
7. Assuring the availability, accessibility, quality and accountability of health care.
8. Teaching and training of medical undergraduates, interns, doctors and paramedical staff.

The Rural Health Training Centre (RHTC) Budhi and Urban Health training Centre (UHTC) Krishna colony comes under the Department of Community Medicine, GMC Kathua.

Rural Health Training Centre (RHTC) is the field practice area of GMC Kathua. The Health and Wellness Centre RHTC Budhi is operational 24X7 operational and provides package of services. Rural Health Training Centre (RHTC) is awarded with Kayakalp Award for sanitation and Hospital Upkeep for the year 2020.

Urban Health training Centre (UHTC) has also been upgraded to Health and Wellness Centre recently

DNB Accreditation for 02 seats has been approved recently.

2. Mission

1. To reach the unreached through comprehensive health care.
2. To provide quality medical education.

3. Vision

1. To strive for healthy population through Public health care delivery system.

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Email:- communitymedi77@gmail.com

4. Core values of the Department

- a. Teamwork
- b. Commitment
- c. Integrity
- d. Accountability
- e. Trust and respect.

5. Information about staff

S No.	Name	Designation	Phone Number	Email
1.	Dr. Yangchen Dolma	Assistant Professor and I/c HOD	7780823508	yangchendolma12@gmail.com
2.	Dr. Parveen Singh	Assistant Professor	9796682575	Singhparveen176752@gmail.com
3.	Dr. Sonika Sangra	Assistant Professor	9419353955	sonikasangra@gmail.com
4.	Dr. Gurmeet Kaur	Assistant Professor	7006881046	gurmeetkaurmeeta@yahoo.com
5.	Dr. Sujata Gupta	Epidemiologist (Assistant Professor)	9971166806	Sujata080583@gmail.com
6.	Dr. Anuj Kapoor	Demonstrator	9419225688	Kapooranuj150@gmail.com
7.	Dr. Nazuk Razdan	Demonstrator	9018816449	Nazuk_razdan@yahoo.com
8.	Dr. Kamna Singh	Demonstrator	700687816	Kamnasingh4407@gmail.com
9.	Dr. Ishrat Fazal	Field Demonstrator	7006790577	drishratfazal@gmail.com

Information about staff

Academic Activities:-

- i. Theory Classes
- ii. Practical Classes
- iii. Classes for MLHP (CPCH)
- iv. Seminar
- v. School Health Services

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- vi. Training
- vii. Survey
- viii. NTEP Survey in collaboration with NIE, Chennai and IAPSM.
- ix. Research Activities
- x. Extra-curricular Activities

7. CME's Seminars, Conference, Workshops attended

Individual details starting from page 4.

8. List of Books in Departmental Library

1. IAPSM's Textbook of Community Medicine

Rashmi Kundapur

2. Textbook of Community Medicine

Rajbir Bhalwal

3. Community Medicine with Recent Advances

AH Suryakantha

4. Essentials of Community Medicine Practicals 2nd Edition

DK Mahabalaraju

5. Community Medicine Practical Guide 2nd Edition

Kusum Lata Gaur

9. List of equipments in Department/ Laboratory

10. Research Publications of the staff members/ Paper presentation/ Book Chapters

Individual details starting from Page 4

Dr Yangchen Dolma

Name: Dr Yangchen Dolma

Designation : Assistant Professor and In-Charge Head, Department of Community Medicine (Social and Preventive Medicine), Government Medical College, Kathua, Pin: 184101UT of Jammu and Kashmir

Phone: Mobile:7780823508, 9469265747

Email Id: yangchendolma12@gmail.com

Awards:

1. Certificate of Excellence by Government Medical College, Srinagar for Best Thesis of the year on 20th November,2013.
2. Best Paper Award at Indira Gandhi Medical College, Shimla at North Zone Indian Association of Preventive and Social Medicine. Annual Conference of North Zone (NZ – IAPSM) on November 23-24, 2013.
3. Certificate of Appreciation by Institute of Liver and Biliary Sciences, New Delhi for 1st Virtual Short Course on “Interpreting Scientific Literature” on 2nd and 3rd October, 2020.
4. Certificate of Appreciation as Corona Warrior by Financial Commissioner, Health and Medical Education Department, UT of Jammu and Kashmir.
5. Best Paper award Titled “Safe drinking water and hygiene facilities utilization in rural household of district Kathua district : A Cross Sectional Study.” at EFICON 2020 Conducted by AIIMS Rishikesh.
6. KayakalpAward(HWC RHTC Buddhi) 2020.

Resource Person

Teaching:

1. Resource person for training of medical officers of Leh District in Rashtriya Kishore SwasthyaKaryakaram from 25th to 27th August, 2015
2. Teaching of undergraduate students – Theory, Practical and field oriented teaching of MBBS students.
3. Master Trainer, Bridge Course for BUMS Doctors, IGNOU.

Research:

Courses/ Trainings/ Conferences/ Workshop/ CME: National:

1. **Attended** IAPSM – NZ Conference at Indira Gandhi Medical College at Shimla in November 2013.
2. **Attended** Pre- Conference CME at 63rd Annual National Conference of Indian Public Health Association at Rangararaya Medical College, Kakinada, Andhra Pradesh on 31st January, 2019.
3. **Attended** 3 day conference at 63rd Annual National Conference of Indian Public Health Association at Rangararaya Medical College, Kakinada, Andhra Pradesh from 1st to 3rd February, 2019
4. **Attended** 4th International conference on Occupational and Environmental health at Lady Hardinge Medical College, Delhi from 15th to 17th Feb 2019.
5. **Attended** National Operational Research Workshop Series at SHKM Medical College, Mewat Haryana on 1st November, 2019.
6. **Attended** 23rd Annual Conference of NZIAPSM 2019 at SHKM Medical college on 2nd and 3rd November.
7. **Attended** Post conference workshop titled “Efficient Quality Assured Data Capture using a Mobile Phone” on 03 March 2020 in the 64th Annual National conference of IPHACON 2020.
8. **Attended** as Delegate IPHACON 2020 at AIIMS Delhi, 29th Feb- 2nd March
9. **National conference of IAPSM 28- 30 Jan, 2020,**
10. **Attended** 1st Virtual Short Course on “Interpreting Scientific Literature” by Institute of Liver and Biliary Sciences, New Delhi on 2nd and 3rd October, 2020.
11. POSHCON 2020, Oct 16-17, 2021 (Virtual)

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12. HIV Sentinal Surveillance training at GMC Jammu
13. CISP Training at Government Medical College, Kathua.
14. Workshop on statistical Computing excel
15. CBME Training : Community Medicine.
16. National Faculty Development Program on Advanced research methods and quantitative data analysis using SPSS.

State:

1. **Attended** North Zone OR Capacity Building Workshop for Medical Colleges at SKIMS, Soura, Srinagar on RNTCP from 13 to 14th September,2013
2. **Attended** Postgraduate thesis presentation at Government Medical College Srinagar on 19th and 20th November.
3. **Attended** 19TH Annual Conference of North Zone of Indian Association of Preventive and Social Medicine at government Medical College, Srinagar on 9th and 10th October, 2015.
4. **Attended** HIV Sentinel Surveillance workshop from 13th to 14th January ,2014- 15 at Government Medical College Srinagar.
5. **Attended** ACOIN Kashmir State level CME ON 22ND March,2017 at Government Medical College, Srinagar.
6. **Attended** 9thThree day Basic Workshop on Research Methodology for Biomedical Research at Government Medical College Srinagar from 7th to 9th September, 2017.
7. **Attended** five days training of Training of Trainer in Nutrition Education organized by Ministry of Women and Child Development, Food and Nutrition Board at Government Medical College Jammu from 12 to 16th March.
8. **Attended** Cancer Conference: CRAB E CON – Punj, 7th and 8th September, 2019.
9. **Chaired** scientific session as guest faculty CRAB E CON Punj, 8th September, 2019.
10. **Attended** National operational research workshop series, Centre for Community Medicine(CCM),All India Institute of medical Sciences, New Delhi.1st Nov, 2019.
11. **Attended** 23RD National Annual Conference of NZIAPSM 2019 at Shaheed Hasan Khan Mewati Government Medical College, Nalhar, Mewat(Haryana).2nd 3rd November.

12. **Attended** workshop on Basic Statistical analysis using SPSS. November 26-29, 2019 at Indian Institute of Public Health, Delhi.
13. **Attended** 47TH Annual National Conference of Indian Association of Preventive of Social Medicine IAPSMCON 2020 at Institute of Community Medicine, Madras Medical College, Chennai. 28TH to 30TH January 2020.
14. **Attended** 3 day training programme on RKSK for Medical Officer at Leh from 25th August, 2015 to 27th August, 2015 as resource person.

Presentations:

Oral:

1. *Oral presentation on Patient Satisfaction among admitted Patients at Associated Hospitals of Government Medical College, Srinagar.*
2. *Oral Presentation on Prevalence of Non Alcoholic Fatty Liver Disease (NAFLD) and associated risk factors among adult aged 30 years and above in Rural Population Of Jammu.*

Poster

1. Assessment of Biomedical waste management at Associated Hospital, GMC Kathua

Publications:

1. Dr Yangchen Dolma : Evaluation of Janani Suraksha Yojna under NRHM in Kashmir Valley. International Journal of Advance Research. <https://www.journalijar.com>.
2. Dr Yangchen Dolma. Knowledge, Attitude And Practice regarding Biomedical Waste among health workers of Block Hazratbal. Indian Journal Of Applied Research. May 2016; 06 (05). <https://www.worldwidejournal.com>
3. Dr Yangchen Dolma. Awareness about HIV/AIDS among health workers of Khatlasi Block of Leh District. Indian Journal Of Applied Research. 2016; 06 (07) : <https://www.worldwidejournal.com>
4. Dr Taha Ayub, Dr Yangchen Dolma, Dr Kousar Sideeq : Quality of health care services provided to antenatal women of Block Hazratbal of Kashmir Valley: A Cross Sectional study. 2017, 7(8). Indian Journal Of Applied Research. <https://www.worldwidejournal.com>

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5. Dr Yangchen Dolma :Rapid Assessment of Adolescent health Clinic at Sub District hospital of Leh.International Global Journal for Research Analysis. Feb 2018, 7(1).[https:// www.worldwide journal.com](https://www.worldwidejournal.com)
6. Dr Yangchen Dolma. A study to Assess the Knowledge, Attitude, Practice of Contraceptionamong women in an urban slum of district Srinagar,Jammu and Kashmir. Indian Journal Of Applied Research.May2016; 06 (05) :[www.worldwide journal.com](https://www.worldwidejournal.com)
7. Dr Yangchen Dolma. Evaluation of Biomedical waste Management at Government Psychiatric disease hospital, Srinagar: A Crossectional Study. Indian Journal of Applied Research.2018; 08(03) :[www.worldwide journal.com](https://www.worldwidejournal.com)
8. Dr Rinchen Angmo, Dr Yangchen Dolma, Dr Mehbooba Rasool : Prevalence of Anemia in School going adolescent in Khaltsi Block of Leh District.2018, 8(2).Indian Journal Of Applied Research.[www.worldwide journal.com](https://www.worldwidejournal.com)
9. Dr YangchenDolma:To Study Equipment Management at District Hospital Leh: A Descriptive Study .International Journal of Medical Science and Clinical Invention.2017, 4(8).[https:// Valley International.net](https://ValleyInternational.net).
10. Dr Taha Ayub, Dr Mehbooba Rasool, Dr Yangchen Dolma: Training Need Assessment of Anganwadi Workers of District Srinagar of Kashmir valley .International Journal of Medical Science and Clinical Invention.2017, 4(8).[https:// Valley International.net](https://ValleyInternational.net).
11. Dr Rinchen Angmo, Dr Iftikhar Hussain Munshi, Dr Yangchen Dolma Prevalence of Chronic Bronchitis in selected district of Kashmir Valley.Journal of Advance Research in Medicine, 2014, 1(1) : 48-57.[https:// medical.adrpublications.in](https://medical.adrpublications.in).
12. Syed Ghazala Nazki, Yangchen Dolma, Junaid Kousar. Morbidity Profile of Obese Females in the age group above 18 years in Block Hazratbal: A Cross Sectional Study.International Journal Of Advanced Research.2015 ; 3 (30) :[https://www.worldwide journal.com](https://www.worldwidejournal.com)
13. Dr Yangchen Dolma, Dr Iftikhar Hussain Munshi.Assessment of JSY Component under NRHM in selected Districts of Kashmir Valley: A Descriptive Study. Journal Of Medical Science and Clinical Research. 2015 ; 03 (03):[https:// jmscr.igm.publication.org](https://jmscr.igm.publication.org).
14. Dr Yangchen Dolma, Syed Gazala Nazki, Junaid Kousar. Prevalence of Obesity among Females above 18 years of Block Srinagar: A Cross Sectional Study. Journal Of Medical Science and Clinical Research. 2015 ; 03 (03): [https:// jmscr.igm.publication.org](https://jmscr.igm.publication.org).

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Email:- communitymedi77@gmail.com

15. Dr Yangchen Dolma, Stress coping Behaviour among school going Adolescent of Hazratbal Block, Srinagar: A Descriptive Study. International Journal of Scientific Research. March 2018; 07 (03): <https://www.worldwidejournal.com>
16. Dr Yangchen Dolma. Assessment of Infrastructure and Manpower Availability in Accordance with IPHS Standards at Sub District Hospital of Leh: A cross Sectional Study. International Journal of Scientific Research. March 2018; 07 (03) : www.worldwidejournal.com
17. Dr Yangchen Dolma, Dr Taha Ayub. Perception and Practices regarding Menstruation among School Going Adolescent Girls of Block Hazratbal, Srinagar: A Cross sectional Study. International Journal of Scientific Research. 2018; 07 (03): <https://www.worldwidejournal.com>
18. Dr Yangchen Dolma. Evaluation of Housekeeping Services at Sub District Hospital of Leh: A Cross Sectional Study. International journal of scientific research. March 2018. 7(3) <https://www.worldwidejournal.com>
19. Dr Yangchen Dolma : Availability of Services in Accordance with IPHS Guidelines 2012 at Sub District Hospital Leh: A Cross Sectional Study. International Journal of Advance Research. Feb 2018 , 7(2). www.worldwidejournals.com
20. Dr Yangchen Dolma : Assessment of Biomedical Waste Management at Government Chest Disease Hospital, Srinagar: A Cross sectional Study. Paripex. Indian Journal of Research. March 2018. 7(3). www.worldwidejournals.com
21. Dr Yangchen Dolma : Health Profile among School going Children of Harwan Zone, Block Hazratbal, District Srinagar. Paripex. Indian Journal of Research. March 2018, 7(3) www.worldwidejournals.com
22. Dr Safoora Bilques, Dr Yangchen Dolma, Dr Rinchen Angmo: Research Perspective among Undergraduate students: A Study at Government Medical College, Srinagar. 2014, 1(1) .Advance Research Publications. <https://management.advpublishations.in>. www.worldwidejournals.com
23. Dr Yangchen Dolma , Dr Safoora Bilques, Dr Kousar Sideeq.: Client Satisfaction among patients admitted at Associated hospitals of Government Medical College, Srinagar. Advance Research Publication. 2014, 1(1). <https://management.advpublishations.in>.
24. Dr Kaniz Fatima, Dr Yangchen Dolma : To study the distribution of ABO blood group and Rh (D) factor among Ethnic population of Ladakh region in the age group of 15- 45: A Cross sectional study. 2019, 7(7), 1004-

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Email:- communitymedi77@gmail.com

1006. International Journal of Advance Research. www.worldwidejournals.com
25. Dr Yangchen Dolma :Assessment of JSY Component under NRHM in selected District of Kashmir valley: A Descriptive study. March 2015, 3(3): 4917-4912. www.jmscr.igmpublication.org.
26. Dr Sonika Sangra, Dr Yangchen Dolma, Dr Anuj Kapoor. Awareness regarding hand Hygiene among health care workers of Associated Hospital of GMC Kathua: A Hospital based study. International Journal of Scientific Research. Vol 8, Issue 12, December, 2019. www.worldwidejournal.com
27. Dr Yangchen Dolma, Dr Parveen Singh, Dr Anuj Kapoor, Dr Sonika Sangra. Knowledge, Attitude and Practice regarding Biomedical waste management and handling rules at Associated Hospital of Government Medical College, Kathua. International Journal of Scientific Research. Vol 8, Issue 12, December, 2019. www.worldwidejournal.com
28. Authored Book titled "Program evaluation of JSY in Kashmir valley" ISBN: 978-620-2-67682-3 published by LAP-Publisher.
29. Dr. Priyanka Sodani, Dr. Angli Manhas, Dr. Dinesh Gupta, Dr. Tabinda Syed, Dr. Yangchen Dolma, Dr. Sonika Sangra: A study of prevalence and Association of Dry Eye Disease with Visual Display Terminal Use in Children - A Cross Sectional Observational Study.
30. Dr Sonika Sangra, Dr YANGCHEN Dolma, Dr Anuj Kapoor: Awareness regarding hand hygiene among health care workers of associated hospital of GMC Kathua: A hospital based study. International Journal of Scientific Research. Volume 8, Issue- 12, December – 2019.
31. Socio Demographic Pattern and Musculoskeletal Disorders among workers at small scale Industries of District Kathua: A Descriptive Study.
32. Evaluation Of Occupational safety at small scale industries of district Kathua: A Cross Sectional Study. International Journal Of Medical Science and Current Research (IJMSCR). Volume 4, Issue 1, Page No- 199- 203.
33. Dr Parveen Singh, Dr Kamna Singh, Dr Yangchen Dolma: Prevalence of overweight and obesity among adolescents studying in Government and private schools of district Kathua. International Journal of Scientific Research Volume IX, Issue : 1, January – 2020.

Dr Parveen Singh

Name: Dr Parveen Singh

Designation: Assistant Professor

Department: Community Medicine

Phone no. +91-9796682575

Email: singhparveen176752@gmail.com

Conferences /work shop attended:

1. National Conference of IAPSM at Dr. RP Government Medical College Kangra , at Tanda , Himachal Pradesh 2012
2. Participated in Investigator Meeting for Rota:03/12 study conducted by Serum Institute of India in collaboration with PATH in Goa 2013
3. BIOCON 2016
4. AMRITACON , KOCHI 2019
5. Annual National Conference of Consortium Against Rabies- CARCON 2019 at Dr. RP Government Medical College ,Kangra at Tanda ,Himachal Pradesh
6. IPHACON-2020- 64th Annual National Conference of Indian Public Health Association at AIIMS New Delhi
7. National Conference of IAPSM organized by Institute of Community Medicine, Madras Medical College, Chennai 2020

Research Publications:

1. Singh P, Gupta RK, Jan R, Raina SK. Adherence for medication among self-reporting rural elderly with diabetes and hypertension. J Med Soc 2017; 31:86-9.
2. Singh P, Gupta RK, Shora TN, Langer B, Kumari R, Gupta R. Gender based knowledge, attitude and practice study about blood donation among medical students in a sub-Himalayan state. Int J Res Med Sci 2017;5:1882-7.
3. Gupta RK, Singh P, Gupta C, Kumari R, Langer B, Gupta R. Emergency contraception: knowledge, attitude and practices among recently married females in a rural area of North India. Int J Res Med Sci 2017;5:4450-4.
4. Singh P, Gupta RK, Jan R, Shora TN, Raina SK. Assessing the functional disability of rural elderly population from North-West India using activity of daily living scale: A cross-sectional survey. J Dent Allied Sci 2017;6:56-9.
5. Gupta RK, Singh P, Rani R, Kumari R, Gupta C, Gupta R. Hand hygiene: knowledge, attitude and practices among mothers of under 5 children attending a tertiary care hospital in North India. Int J Community Med Public Health 2018;5:1116-21.
6. Singh P, Gupta RK, Kumari R, Langer B, Gupta C, Gupta R. Antenatal care utilization in recently delivered rural females: A hospital-based cross-sectional study. Int J Med Sci Public Health 2018;7(5):349-353.
7. Singh P, Singh K, Dolma Y. Prevalence of overweight and obesity among adolescents studying in government and private schools of

district Kathua. International Journal of Scientific Research
2020;9(1):60-62

- 8.** Dolma Y, Singh P, Kapoor A, Sangra S. Knowledge attitude and practice regarding biomedical waste Management and handling rules at associated hospital of Government medical college kathua. International Journal of Scientific Research 2019;8(12):28-29

Dr. Sonika Sangra

Name- Dr. Sonika Sangra

Designation- Assistant Professor

Department- Community Medicine

Email- sonikasangra@gmail.com

Conferences/workshop attended:-

1. AMRITACON 2019
2. IAPSMCON 2020
3. IPHACON 2020 – 64th Annual National Conference of Indian Public health Association.
4. EFICON 2020
5. AMRITACON 2020

Presentations-

1. Poster presentation at IPHACON 2020
2. Oral presentation at EFICON 2020 (Epidemiology foundation of India)

Other –

1. Foundation course logbook of phase I MBBS GMC Kathua.
2. Best paper award at EFICON2020 on the topic “Safe drinking water and hygiene facilities utilization in rural area of district Kathua.-A Cross- Sectional Study”.
3. RHTC Budhi awarded with Kayakalp Award.
4. Attended Conferences as Chairpersons in EFICON 2020 and AMRITACON 2020.
5. SOPs of RHTC Budhi.

Research

1. Awareness regarding hand hygiene among health care workers of Associated hospital of GMC Kathua: A Hospital based study.
2. Effect of intervention program on knowledge of Indian Medical students about the hand hygiene.
3. A study on Awareness , knowledge and adherence of medication in patients with hypertension from tertiary care centre of Kathua, J&K: A hospital based study.

DR GURMEET KAUR

NAME : **Dr. GURMEET KAUR**
DATE OF BIRTH : 21 AUGUST 1957
DESIGNATION : ASSISTANT PROFESSOR
CONTACT NUMBER : +91- 7006881046
EMAIL ADDRESS : gurmeetkaurmeeta@yahoo.com

List of Publications till date

1) **AIDS in Jammu- An Epidemiological Profile**, Parveen Kaur, Bella Mahajan, S.K. Verma, Gurmeet Kaur, Sufhia Akhtar.

JK Science, Vol-2, No-3, July – September 2000

2) **Prevalence of Nutritional Anaemia in School children (6 – 12 yrs) in a Rural Area of Jammu.**

Gurmeet Kaur, Vijay Mengi

Department of Community Medicine (S&PM)

Govt. Medical College Jammu, India

Journal of Medical Science. Vol II, No 1 (Jun 2008)

3) **Differentials in Prevalence of Goitre among School Children (6-12 years of age) in Rural North – West India.**

Gurdeep Singh, Gurmeet Kaur, Vijay Mengi

Sunil Kumar Raina

Public Health Research 2013, 3(3):79-84

DOI 10.5923/J.phr 20130303.07

4) **A study of Dental Caries among School Children in Rural Area of Jammu**

Gurdeep Singh, Gurmeet Kaur, Vijay Mengi, Bhupinder Singh

Annals of Dental Speciality Vol-2, csm, Jan-Mar 2014

5) Wrath of Hepatitis C in Jammu: A Hospital Based Population Study.

Dr.Shashi S. Sharma, Dr KarikaRazdan, Ajay Kumar, Suboor Ahmed Naik, Dr.Gurmeet Kaur.

JMSCR Vol 06 ISSM 07 July 2018

Achievements in the Department :

- Certificate of Completion of training on “ **BASICS OF COVID-19** ” and all aligned topics on 7 May 2020, 6 May 2020,etc
- Certificate of Successful completion of “ **BASIC COURSE IN BIOMEDICAL RESEARCH** ” **Aug – Dec 2020.**
- Certificate of participation in “**POSHACON 2020**”.
- Attended the **CISP workshop** organised by GMC katua under the aegis of Nodal centerCMCL ON 22 & 23 July 2020.
- Certificate of Appreciation for participating in **AMRITACON 2019 – INTERNATIONAL PUBLIC HEALTH CONFERENCE**held on 25 & 26 Nov at AMRITA INSTITUTE cochin.
- Certificate of participation and successfully completed the on line course on “**COMPETENCY BASED MEDICAL EDUCATION (COMMUNITY MEDICINE)** **between Aug 2020 to Dec 2020.**

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Email:- communitymedi77@gmail.com

Dr. Sujata Gupta

Name: Dr. Sujata Gupta
Father's Name: Mr. B.K. Gupta
Husband's Name: Dr. Abhinav Choudhary
Nationality: Indian
Marital Status: Married
Date of Birth: 8th May, 1983
Corresponding Address: House no 67 Rehari colony Jammu 180005
Phone no. : (Mob): +91 9971166806
E-Mail: sujata080583@gmail.com

EDUCATIONAL QUALIFICATION

EXAM	Institution/University	Board	Year of passing
Matriculation	Model Institute of Education and Research(M.I.E.R),Jammu;J&K	J &K State Board of school education	1999
Senior Secondary	K.N.I.T, Jammu; J&K	J &K State Board of school education	2001
M.B.B.S	Sher-E-Kashmir Institute Of Medical Sciences (SKIMS),Srinagar,J&K	SKIMS University, Srinagar,J&K	2007
DNB (Community Medicine)	St. Stephen's Hospital, New Delhi, India	National Board of Examinations	2017

Title of MASTER'S THESIS:

Comparison of Physical, Mental and social health of married and unmarried girls of late adolescent age.

WORK EXPERIENCE:

Position	Duration
Senior Resident, North Delhi Municipal Corporation Medical College & Hindu Rao Hospital, New Delhi, India	April 2018-July 2020

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Post-Graduation in Community Medicine, St.Stephen,s Hospital, New Delhi, India	July 2014-July 2017
Clinical experience in dialysis department in Indraprastha Apollo hospital ,Delhi	June 2013-July 2014
Experience in Neuro ICU in Maharishi Dayanand Hospital,Jammu,J&K	May 2009 to June 2010

**Appendix - A
Details of Publications**

PUBLICATION:

Journal article published	Article Title	Author	Journal Name	Indexing Format
1	Comparison of Health status among married and unmarried girls of late adolescent age in an urban slum of Delhi.	Sujata Gupta1, Neha Taneja2, Vinoth Gnana Chellaiyan, 3 Fasna Liaqathali4	Indian Journal Community Health [Internet].2019; 31(2):185 – 192	ICV 2018: 105.45 SJR= 0.1640(2017) EMBSAE; Google Scholar; PubMed (Selected citations only*); SCOPUS.
2	Study of common mental disorders among small scale industry workers in urban slum in North East Delhi in India.	Sujata Gupta1 , Neha Taneja2 , Abha Mangal 3, Joyce F Vaghela4	Int. J. HealthCare Edu. & Med. Inform. 2017; 4(2). http://orcid.org/0000-0002-6038-5331	ICV 2018=80 Index Copernicus International, ISA, Google Scholar,
3	Integrating Mental Health Interventions with Primary Health Care: An Experience from	Sujata Gupta1, Abha Mangal2, Vinita Gupta3, Joyce Felicia Vaghela4,	International Journal of Preventive, Curative & Community Medicine	ICV 2018=85.88 Index Copernicus International, ISA, Google Scholar,

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	an Urban Slum of Delhi, India,	Amod Kumar ⁵	Volume 4, Issue 1 - 2018, Pg. No. 19-26 .	
4	Effect of mobile phone overuse on health of medical students.	Tarun Sarkar ¹ Neha Taneja ² Pulak Jana ³ Sujata Gupta 4 Ryan Dalal ⁵ Rahul Dasgupta ⁶ Rishab Hadar ⁷ Mrinmoy Adhikari ⁸	International Journal of Medical Science & Public Health. 2019; 8(1):91-94	Index Copernicus (ICV 2018 = 86
5	New Born Care practices in a resettlement colony of Delhi	Neha Taneja ¹ Sujata Gupta², Vinoth Gnana Chellaiyan ³ , L.Fasna ⁴ , Mrinmoy Adhikary ⁵	Indian Journal of Public Health Research & Development May 2020, Vol. 11, No. 05;588-94	Embase, SCOPUS
6	Comparison of Mental Health status of married and unmarried girls of late adolescent age in an urban slum of Delhi	Sujata Gupta 1 Neha Taneja 2 S.K Kapoor 3 Amod Kumar ^{4s}	Indian Journal of Community Medicine April-June 2020;45:145-8.	PubMed Central, Scimago Journal Ranking, SCOPUS

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PAPER PRESENTATION:

1. Oral Paper on Integrating Mental Health Interventions with Primary Health Care: An Experience from an Urban Slum of Delhi at 60th National Annual Conference of Indian public Health Association 4th to 6th March 2016.
2. Oral Paper on Common Mental Disorders among Small-Scale Industry Workers in an Urban Slum in North East Delhi at International conference of occupational health from 23 to 25 September 2016

CONFERENCES AND WORKSHOPS:

1. Writing a research proposal at IIPH, Gurgaon 6th to 8th May 2015.
2. CME on radiation and cancer: public health concerns, New Delhi, 19 August 2015.
3. National conference on sharing prospective in public health, New Delhi - 28 November 2015
4. National workshop on Health management 21-23 January 2016
5. 60th National Annual Conference of Indian public Health Association 4th to 6th March 2016.
6. International conference of occupational health from 23 to 25 September 2016.
7. Symposium on the theme '*Rabies: Share the message. Save a life*' on 28th September, 2018 at National Centre for Disease Control
8. Workshop on MDSR (Maternal Death Surveillance and response), and Maternal Near Miss Review, in the Department of Community Medicine, Maulana Azad Medical College, on 19th-20th September, 2018,
9. Workshop in "Medical Education Technologies" from 13-15 March, 2019, at Department of Medical Education, Maulana Azad Medical College,

**UNION TERRITORY OF JAMMU AND KASHMIR
HEALTH AND MEDICAL EDUCATION DEPARTMENT
DEPARTMENT OF COMMUNITY MEDICINE, GMC KATHUA**

Email:- communitymedi77@gmail.com

Dr. NAZUK RAZDAN

NAME : **Dr. NAZUK RAZDAN**

DATE OF BIRTH : 14 SEPTEMBER 1987

DESIGNATION : DEMONSTRATOR @ Deptt. of Community
Medicine, GMC KATHUA

CONTACT NUMBER : +91- 9018816449

EMAIL ADDRESS : nazuk_razdan@yahoo.com
nazrazdan@gmail.com

CONFERENCES/WORKSHOPS ATTENDED

1. Orientation Workshop for Medical Colleges on RMNCH+A Initiatives at Panchkulahel on May 2014.
2. Attended 2nd International Workshop on Micronutrients and Child Health (MCHWS-2014) held on November 3rd to 7th, 2014 at All India Institute of Medical Sciences, New Delhi.
3. Attended 18th Annual Conference of North Zone- Indian Association of Preventive & Social Medicine held on 29th& 30th November, 2014 at Bhagat Phool Singh Govt. Medical College for Women at Khanpur Kalan, Sonipat, Haryana.
4. Attended 19th Annual Conference of North Zone- Indian Association of Preventive & Social Medicine held on 9th to 10th, 2015 at Govt. Medical College, Srinagar, Kashmir, J&K.
5. Attended 43rd Annual National Conference of Indian Association of Preventive and Social Medical & Joint Gujarat State Conference of IAPSM (XXIII) and IPHA (V) held on 7th to 9th January, 2016 at GMERS Medical College, Gandhinagar, Gujarat.
6. Attended 60th National Annual Conference of Indian Public Health Association held on 4th to 6th March, 2016 at Himalayan Institute of Medical Sciences, SRH University, Swami Ram Nagar, Doiwala, Dehradun, Uttarakhand.
7. Attended an Update in Obstetrics & Gynaecology held on 10th April, 2016 at MMIMSR, Mullana, Ambala.
8. Attended workshop on Advances in Operations Research in Tuberculosis Control held at Maharishi Markandeshwar College & Hospital, Kumarhatti, Solan on 25th November 2016.
9. Attended 20th Annual Conference of North Zone- Indian Association of Preventive & Social Medicine held on 25th to 26th November 2016 at Maharishi Markandeshwar College & Hospital, Kumarhatti, Solan.
10. Attended national conference AIDSCON-6 on 3rd and 4th February 2017 organised by Chandigarh State AIDS Control Society at Indian Medical Association Complex, Sector 35B, Chandigarh.

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11. Attended CME on Obstructive Sleep Apnea at Maharishi Markandeshwar College & Hospital, Kumarhatti, Solan on 8th July 2017.
12. Attended CME programme on TB Tobacco Integration at Maharishi Markandeshwar College & Hospital, Kumarhatti, Solan on 10th October 2017.
13. Attended conference World NCD Congress 2017 held at Chandigarh from 04th to 06th November 2017.
14. Attended CME programme on Comprehensive TB Control under RNTCP at Maharishi Markandeshwar College & Hospital, Kumarhatti, Solan on 26th March 2018.
15. Attended CME programme on Antibiotic Awareness at Maharishi Markandeshwar College & Hospital, Kumarhatti, Solan on 16th November 2018
16. Attended national conference APCRICON 2018 at New Delhi from 7th to 8th July 2018.
17. Attended CME programme on Basic Life Support at Maharishi Markandeshwar College & Hospital, Kumarhatti, Solan on 27th April 2019.
18. Attended National Conference of Epidemiology foundation of India held on 19th to 20th December 2020 at All India Institute of Medical Sciences, Rishikesh.

PAPER/POSTER PRESENTATIONS

1. Presented Oral Paper titled "Assessment of Knowledge Regarding Breast Feeding Practices among Mothers in district Ambala, Haryana" at 2nd International Workshop on Micronutrients and Child Health (MCHWS-2014) held on November 3rd to 7th, 2014 at All India Institute of Medical Sciences, New Delhi.
2. Presented Poster titled "Assessment of knowledge regarding breast feeding practices among mothers in district Ambala, Haryana" at 18th Annual Conference of North Zone-Indian Association of Preventive & Social Medicine held on 29th& 30th November, 2014 at BhagatPhool Singh Govt. Medical College for Women at Khanpur Kalan, Sonapat, Haryana.
3. Presented Oral Paper titled "Knowledge, Attitude & Practice of Emergency Contraceptive use among Women in Reproductive age group in Rural & Urban areas of district Ambala, Haryana, India" at 19th Annual Conference of North Zone- Indian Association of Preventive & Social Medicine held on 9th to 10th, 2015 at Govt. Medical College, Srinagar, Kashmir, J&K.
4. Presented Poster titled "Study on Prevalence of Refractive Errors among School going Children of 6-12 years in field Practice area of district Ambala" at 43rd Annual National Conference of Indian Association of Preventive and Social Medical & Joint Gujarat State Conference of IAPSM (XXIII) and IPHA (V) held on 7th to 9th January, 2016 at GMERS Medical College, Gandhinagar, Gujarat.
5. Presented Oral Paper titled "Utilization of Health Services under Janani SurekshaYojna in Rural Haryana" at 60th National Annual Conference of Indian Public Health Association held on 4th to 6th March, 2016 at Himalayan Institute of Medical Sciences, SRH University, Swami Ram Nagar, Doiwala, Dehradun, Uttarakhand.
6. Presented poster presentation on "Behavioural Assessment of Blood Donors Towards Donation of Blood Attending Blood bank at MMIMSR, Mullana District Ambala, Haryana

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on 20th Annual Conference of North Zone- Indian Association of Preventive & Social Medicine held on 25th to 26th November 2016 at Maharishi Markandeshwar College & Hospital, Kumarhatti, Solan.

LIST OF PUBLICATIONS:

1. Razdan N, Kumar R, Bhardwaj A, Singh P. The knowledge, attitude and practice towards blood donation among voluntary and replacement blood donors in Ambala, India. Int J Med Sci Public Health 2018;7(6):444-451.
2. Razdan N, Kumar R, Bhardwaj A. Demographic profile of blood donors: A study of tertiary care medical college hospital Ambala, a facility based study. Indian journal of public health research & development, 2018;9(7):80-84.
3. Sangra S, Choudhary N, Razdan N. Leprosy in the post elimination era: a retrospective descriptive study from district Kathua, Jammu and Kashmir. Int J Community Med Public Health 2021;8:1667-70.

Dr. Anuj Kapoor

CONFERENCE-

1. 64th Annual National Conference of Indian Public Health Association-
2. National Conference of Indian Association of Preventive and Social Medicine

PUBLICATION-

1. Pattern Of Cancer Cases Registered in a Tertiary Care Center in Kathua District Of J&K: A Cross Sectional Study
2. Socio Demographic Pattern and Musculoskeletal Disorders among Workers at Small Scale Industries of District Kathua: A Descriptive Study

PAPER PRESENTATION-

1. " A STUDY ON HEALTH RISK BEHAVIOR AMONG SCHOOL GOING ADOLESCENT OF KATHUA DISTRICT OF J&K (INDIA): A CROSS SECTIONAL STUDY(6th International Conference on Public Health 2020)

SEMINARS-

National Programme for the prevention and control of Cancer, Diabetes, Cardiovascular disease and Stroke.

Dr.Kamna Singh

CONFERENCE-

1. National Conference of Indian Association of Preventive and Social Medicine
2. AMRTIACON,KOCHI (2019)

PUBLICATION-

1. Assessment of the work profile of Accredited Social Health Activist workers in Kathua district of Jammu and Kashmir, India: A cross-sectional study
2. Health risk behavior among school going adolescent of Kathua district of J&K: A cross sectional study

SEMINAR-

Epidemic Investigation